

## **ABSTRACT**

A forearm and wrist support apparatus for keyboard operators. The support apparatus attaches to a working surface and provides a comfortable resting place for the forearms of the keyboard operator. A supporting base of the apparatus comprises of a rigid lower member, side members attached to left and right sides of the lower member, and a sloping front member. Each side member includes a horizontal slot that forms a track for a sliding arm support that is housed within the apparatus. The sliding arm support has a flat rectangular shape and includes tabs on both sides to extend and retract the sliding arm support. The apparatus further includes a cushion comprising a pad attached to the front and side members that extends to the rear of the apparatus. A cover material covers the external surfaces of the front and side members. The apparatus also includes an attachment system comprising a screw clamp attached to the lower surface of the apparatus.